

Naam Karan





Sikhism Recap



How much can you remember about Sikhism?
Decide whether these statements are **true** or **false**.

People who follow Sikhism are called Muslims.

True



False



People who follow the religion of Sikhism are called **Sikhs**.



Sikhism Recap



How much can you remember about Sikhism?
Decide whether these statements are **true** or **false**.

Sikhs believe in one God.

True



False



Well done! Sikhs believe in one God.



Sikhism Recap



How much can you remember about Sikhism?
Decide whether these statements are **true** or **false**.

Sikhs believe that some people are better than others.

True



False



Sikhs believe that everyone is equal.



Sikhism Recap



How much can you remember about Sikhism?
Decide whether these statements are **true** or **false**.

Sikhs keep God in mind at all times.

True



False



That's right! Sikhs believe they should keep God in mind at all times and try to live honestly and generously.



Sikhism Recap



How much can you remember about Sikhism?
Decide whether these statements are **true** or **false**.

A Guru is another name for the Sikh God.

True



False



A Guru is a religious leader and teacher in the Sikh faith.

Welcoming a New Baby



Have you ever welcomed a new baby?

Have you attended a special event to welcome a new baby?

Have you ever attended a special event to name a new baby?

Do you know what your name means?



Talk about your answers to these questions with someone at home.

Naam Karan



Many religions have special ceremonies to welcome and name new babies.

In Sikhism, the special ceremony to name and welcome a new baby is called a Naam Karan.



Naam Karan

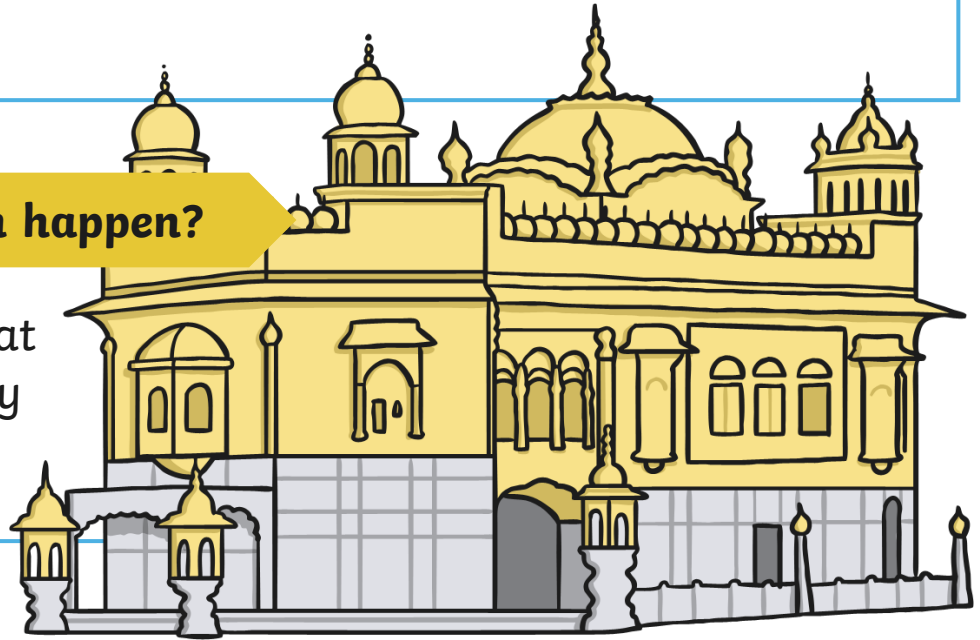


When does a Naam Karan happen?

A Naam Karan takes place as soon as the mother of the baby feels well enough. There isn't a set number of days so this date might be different for each different family.

Where does a Naam Karan happen?

A Naam Karan takes place at the Gurdwara, the Sikh holy place of worship.



Naam Karan

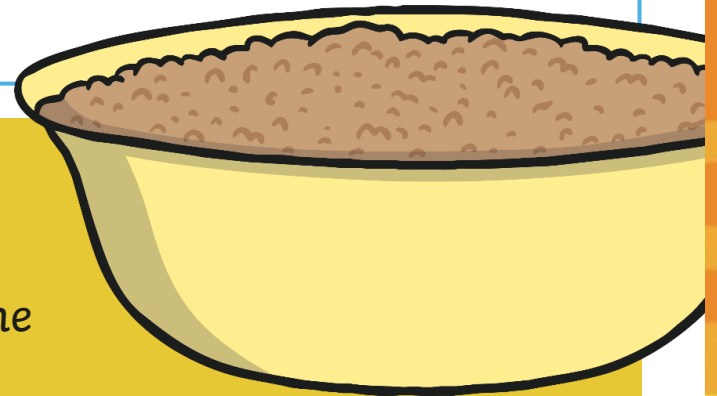


What happens at a Naam Karan?

The family and friends of the new baby go to the Gurdwara. The Guru opens the Guru Granth Sahib at random. The first letter of the first word on that page is chosen to be the first letter of the child's name.

Once the baby's name has been chosen, the people in the Gurdwara cheer.

A special pudding, called **karah parshad**, will have been made from flour, semolina, butter and sugar. Everyone who attends the Naam Karan gets to taste it!



Naam Karan



How are names chosen in Sikhism?

Once the first name of the new baby has been chosen from the page of the Guru Granth Sahib, the second name will follow a special rule.

Girls

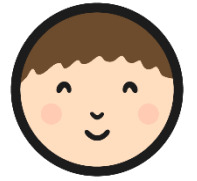
Kaur, which means 'princess'

Boys

Singh, which means 'lion'



Choosing a Name



Many names have special meanings. Some parents choose names for their child because of what it means.

What name would you
choose for a child?

Use the information on the next 3 slides to think about what name to choose for each child and lea

This child has lots of energy and likes to be outside. They would like to have a job in nature when they are older. They are patient, brave and like to be challenged.

Choose a Name

Name	Meaning
Alex	defender
Madison	mighty
Amos	strong and brave
George	earth worker
Sabri	someone who is very patient

This child enjoys working with animals and likes to be around people. They would like to have a job helping people when they are older. They are patient, a good listener and kind.

Choose a Name

Name	Meaning
Alex	defender
Sabri	someone who is very patient
Amos	strong and brave
George	earth worker
Codey	someone who helps others when they are in need
Sarin	a helpful person
Abdo	a kind and sensitive person

This child enjoys making things and solving problems. They would like to have a job building or fixing things when they are older. They are intelligent, a careful thinker and good with numbers. They enjoy a challenge and like to work in a team.

Choose a Name

Name	Meaning
Fahima	someone who is intelligent and has a lot of knowledge
Griselle	someone who is wise and intelligent, good at finding and thinking about things
Cadence	a rhythmic person
Madison	mighty
Eliza	someone who has a jolly nature
Rhia	flowing water
Jaida	precious
Teegan	beautiful thing
Aaliya	noble

Your Choice of Name



How did you choose the name for the child described to you?

What did the name you chose mean?

Why might some people choose a name that has special meaning for their child?





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